

Partner Yoga Night

Relaxing and Playful Candle-lit class & Tea and Treats for
Communication, Sharing and Fun!

Theme: "A Gift of Gratitude."

Enjoy time with a partner, family member or friend.

Friday, November 21, 7:30-9:30 pm

Cost: \$40 per couple in advance by 5pm 11/16, \$50 after if space. Space is limited, please register early.

Doors locked at 7:35 pm.

No refunds, credit, or substitutions for workshops.



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sun-moon-yoga.com

Take this time together to share, connect and appreciate someone special in your life. Lighthearted, playful and fun, enjoy working together to build trust, improve communication, and support each other to deepen your practice as well as your relationship. Use a combination of yoga postures, breathing & relaxation techniques. This workshop is for everyone, first-timers to practiced yogis.